

# LA YOGA

AYURVEDA AND HEALTH



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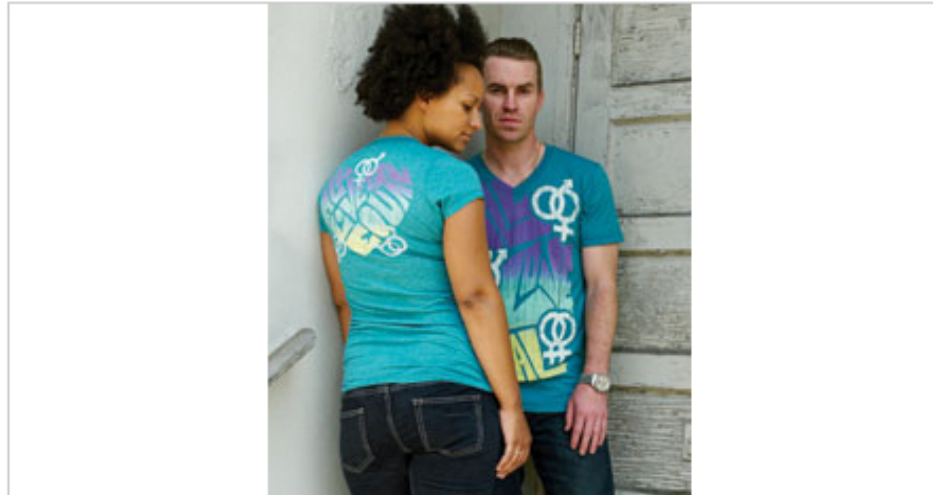
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## Revenge Is...



Revenge Is Shirts

Going green. The LA-based company Revenge Is produces shirts (with progressive messages) made from a combination of recycled plastic bottles and organically grown cotton. It's truly upcycling and a fashion statement as well. All Love is Equal supports the organization Love Honor Cherish and marriage equality. Check out their full line at: [revengeis.com](http://revengeis.com).

## POLLS

Has reading LA YOGA inspired you to learn more about Ayurveda or to try an Ayurvedic remedy?

 Yes

 No



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